

## Certificate of Analysis

### QUALITY CONTROL LABORATORY ANALYTICAL REPORT

Date: Jan. 12, 2022

Product: Nicesleep Capsules

Product Code: 500329

Lot No.: 52112622

Manufacture: Dec. 03, 2021

#### Active Ingredients

per capsule

INGREDIENTS	SPECIFICATION	RESULT
Ziziphi Spinosae Semen Extract	100.00 mg	*
Radix Polygalae Extract	50.00 mg	*
Camomile Extract	30.00 mg	*
Passion Flower Extract	30.00 mg	*
Rosemary Extract	30.00 mg	*
Vervain Extract	30.00 mg	*
Hops Extract	30.00 mg	*
Pine Nuts Extract	30.00 mg	*
L-Theanine	0.50 mg	*

**Excipients:** Microcrystalline Cellulose, Magnesium Stearate, Gelatin (Pig Skin), Glycerol, Purified Water, Titanium Dioxide, Brilliant Blue FCF

#### Chemical/Physical Analysis

ITEM	SPECIFICATION	RESULT	METHOD
Appearance	White #0 capsules with letters "N-SLEEP" on both caps and bodies, filled with light brown powder	Conforms	Visual
Average Fill Weight	496.576 mg ± 10%	510.200 mg	USP <2091>
Weight Variation	Meets USP requirements	Conforms	USP <2091>
Disintegration	NMT 30 minutes	Conforms	USP<2040>
Heavy Metals* Arsenic Cadmium Lead Mercury	NMT 0.14 mcg/kg b.w./day NMT 0.09 mcg/kg b.w./day NMT 0.14 mcg/kg b.w./day NMT 0.29 mcg/kg b.w./day	Conforms	ICP



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#### Microbiological Analysis

ITEM	SPECIFICATION	RESULT	METHOD
Total Aerobic Count	< 1000 cfu/g	Conforms	USP <2021>
Total Combined Molds and Yeasts Count	< 100 cfu/g	Conforms	USP <2021>
<i>E. coli</i>	Negative	Negative	USP <2022>
<i>Salmonella</i> spp	Negative	Negative	USP <2022>
<i>Staphylococcus aureus</i>	Negative	Negative	USP <2022>
<i>Pseudomonas aeruginosa</i>	Negative	Negative	USP <62>



## Certificate of Analysis

### QUALITY CONTROL LABORATORY ANALYTICAL REPORT

 Date: April 12, 2021

 Product: Nicesleep Capsules

 Product Code: 500329

 Lot No.: 52103122

 Manufacture: March 23, 2021

#### Active Ingredients

per capsule

INGREDIENTS	SPECIFICATION	RESULT
Ziziphi Spinosae Semen Extract	100.00 mg	*
Radix Polygalae Extract	50.00 mg	*
Camomile Extract	30.00 mg	*
Passion Flower Extract	30.00 mg	*
Rosemary Extract	30.00 mg	*
Vervain Extract	30.00 mg	*
Hops Extract	30.00 mg	*
Pine Nuts Extract	30.00 mg	*
L-Theanine	0.50 mg	*

**Excipients:** Microcrystalline Cellulose, Magnesium Stearate, Gelatin (Pig Skin), Glycerol, Purified Water, Titanium Dioxide, Brilliant Blue FCF

#### Chemical/Physical Analysis

ITEM	SPECIFICATION	RESULT	METHOD
Appearance	White #0 capsules with letters "N-SLEEP" on both caps and bodies, filled with light brown powder	Conforms	Visual
Average Fill Weight	496.576 mg ± 10%	510.200 mg	USP <2091>
Weight Variation	Meets USP requirements	Conforms	USP <2091>
Disintegration	NMT 30 minutes	Conforms	USP<2040>
Heavy Metals* Arsenic Cadmium Lead Mercury	NMT 0.14 mcg/kg b.w./day NMT 0.09 mcg/kg b.w./day NMT 0.14 mcg/kg b.w./day NMT 0.29 mcg/kg b.w./day	Conforms	ICP



## Certificate of Analysis

### QUALITY CONTROL LABORATORY ANALYTICAL REPORT

Date: April 12, 2021

Product: Nicesleep Capsules

Product Code: 500329

Lot No.: 52103122

Manufacture: March 23, 2021

#### Microbiological Analysis

ITEM	SPECIFICATION	RESULT	METHOD
Total Aerobic Count	< 1000 cfu/g	Conforms	USP <2021>
Total Combined Molds and Yeasts Count	< 100 cfu/g	Conforms	USP <2021>
<i>E. coli</i>	Negative	Negative	USP <2022>
<i>Salmonella</i> spp	Negative	Negative	USP <2022>
<i>Staphylococcus aureus</i>	Negative	Negative	USP <2022>
<i>Pseudomonas aeruginosa</i>	Negative	Negative	USP <62>





## Certificate of Analysis

### QUALITY CONTROL LABORATORY ANALYTICAL REPORT

Date: November 20, 2018

Product: Nicesleep Capsules

Product Code: 500497

Lot No.: 51810121

Manufacture: Oct. 15, 2018

#### Active Ingredients

per capsule

INGREDIENTS	SPECIFICATION	RESULT
Ziziphi Spinosae Semen Extract	100.00 mg	*
Camomile Extract	30.00 mg	*
Passion Flower Extract	30.00 mg	*
Rosemary Extract	30.00 mg	*
Vervain Extract	30.00 mg	*
Hops Extract	30.00 mg	*
Pine Nuts Extract	30.00 mg	*
L-Theanine	0.50 mg	*
Radix Polygalae Extract	50.00 mg	*

**Excipients:** Microcrystalline Cellulose, Magnesium Stearate, Gelatin (Pork), Glycerin, Purified Water, Titanium Dioxide

#### Chemical/Physical Analysis

ITEM	SPECIFICATION	RESULT	METHOD
Appearance	White #0 capsules w/ letter "N-SLEEP" on both cap and body, filled with a light brown powder	Conforms	Visual
Filling Weight Variation	435.00 mg/capsule $\pm$ 10%	496.700 mg/capsule CV=2.3%	USP <2091>
Rupture Test	NMT 15 minutes	11 minutes	USP <2040>
Arsenic	NMT 0.1 ppm	Conforms	ICP
Cadmium	NMT 0.1 ppm	Conforms	ICP
Lead	NMT 0.1 ppm	Conforms	ICP
Mercury	NMT 0.1 ppm	Conforms	ICP
BBP	< 1 ppm	< 1 ppm	GC/MS/MS
DBP	< 1 ppm	< 1 ppm	GC /MS/MS
DEHP	< 1 ppm	< 1 ppm	GC /MS/MS
DNOP	< 1 ppm	< 1 ppm	GC /MS/MS

## Certificate of Analysis

### QUALITY CONTROL LABORATORY ANALYTICAL REPORT

Date: November 20, 2018

Product: Nicesleep Capsules

Product Code: 500497

Lot No.: 51810121

Manufacture: Oct. 15, 2018

DINP	< 1 ppm	< 1 ppm	GC /MS/MS
DIDP	< 1 ppm	< 1 ppm	GC /MS/MS

### Microbiological Analysis

ITEM	SPECIFICATION	RESULT	METHOD
Total Aerobic Count	< 1000 cfu/g	140cfu/g	USP <2021>
Total Combined Molds and Yeasts Count	< 100 cfu/g	<10 cfu/g	USP <2021>
<i>E. coli</i>	Negative	Negative	USP <2022>
<i>Salmonella spp</i>	Negative	Negative	USP <2022>
<i>Staphylococcus aureus</i>	Negative	Negative	USP <2022>
<i>Pseudomonas aeruginosa</i>	Negative	Negative	USP <61>

### Total Capsule - Nutritional values \*\*

per capsule

Energy	2.1 kcal
Carbohydrate	75.0 mg
Sugar	0.0 mg
Protein	425.5 mg
Fat (Oil)	7.7 mg
Saturated Fat	0.0 mg
Trans Fat	0.0 mg
Sodium	0.2 mg

\*\* Estimated from Nutritional Value Database

